

Savior Divine Lutheran Church  
10040 S. 88TH Ave. Palos Hills, IL 60465



# THE GOSPEL NEWS

## MARCH



**Sunday Worship  
10 a.m.**

## FROM THE PASTOR...

**"The Daily Examen as a Lenten Discipline"**



The season of Lent comes to us as one which is contained within a set period of time. We have 40 days to have a definite focus as we move forward toward Holy Week and to the celebration of Easter.

You might think of these 40 days as a "mini retreat." It can be a time of introspection. The Discipleship Emphasis for this year will focus on the Daily Examen. I know we have used it in the past and felt it would be helpful to do it again. It was developed from the Spiritual Exercises of St. Ignatius Loyola. He was a Spanish priest and a contemporary of Martin Luther.

The Daily Examen is meant to have us look closely at our lives under God. We may even learn more about ourselves. We realize as Scripture says: *"we have all sinned and fallen short of the glory of God."* Romans 3:23. An insert has been available at church in the bulletin which has the Daily Examen for you to take home to use. This exercise is best done at the end of the day.

Pastor Marty

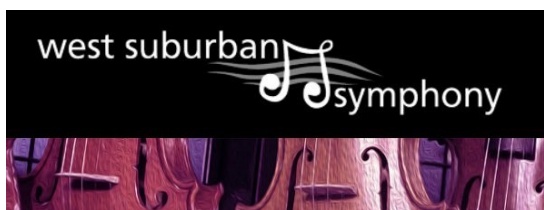
*"Continuing Our Journey"*

*"Trust. Pray. And thank God for his blessings along the way"*

## The Daily Examen as a Lenten Experience

1. Give thanks for what you are grateful today.
2. Ask for the Holy Spirit to help you in your time of searching.
3. Review the day and recognize any sin which comes to mind.
4. Ask God for forgiveness and healing.
5. Pray about the next day and for what you have planned.

## WEST SUBURBAN SYMPHONY CONCERT



The West Suburban Symphony and Chorus will present a concert at 3:30 pm on Sunday, March 12<sup>th</sup> at Wentz Concert Hall in Naperville. Featured is *From the Bavarian Highlands* for chorus by Sir Edward Elgar (Yes, the same guy who composed the Pomp and Circumstance march that you hear at almost every graduation). Also on the program is William Grant Still's *Afro-American Symphony* and Antonin Dvorak's

*Slavonic Dances*. Tickets are \$25 at the door, with discounts for seniors and groups in advance. For more information and discounted tickets (at least two days earlier), see Paul Wackenhuth.

## Flute Choir



The Flute Choir will be performing "Flute Hijinx" playing some pieces like "three Crotchety Cats", "The Moldau" and "The Bird Song" on Friday March 31<sup>st</sup> at 7 p.m. at the John and Angeline Oremus Theater. **Admission is free.**

## Musichorale Concert



Musichorale will be performing their 74th Spring Concert on April 16th at 3:20 p.m. at the Ozinga Auditorium at Trinity Community College. Tickets in advance are \$18 and at the door \$20. You can see Jan or Vicki about tickets.

## Synod Assembly Registration.



The Synod Assembly will be held on Saturday, June 3, at the Q Center, 1405 N. 5<sup>th</sup> Avenue, St. Charles, IL. Registration closes on April 15. The time of the Assembly will be from 8:15 a.m. – 5:00 p.m. The dinner at 5:30 p.m. will be an additional cost. The registration cost is as follows:

March 1 -15	\$199
March 16-31	\$225
April 1-15	\$250

### Paschal Meal



The Paschal Meal will be held on **Sunday, April 2nd at 4 p.m.** The dinner will be in the lower level and will be limited attendance due to space. Please sign up as soon as possible. A free will offering will go to helping our church with our own needs.

### Discipleship Group

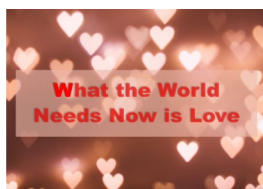


The Discipleship Group is doing a study on the book *In a Pit with a Lion on a Snowy Day* by Pastor Mark Batterson. This story is about the biblical person of Benaiah, who in taking a risk found himself to be blessed. The story would lead us to think of how much we take a risk for the sake of the Gospel and what blessings might come. The next meeting will be held on Thursday, March 9, at 7 p.m. on **Zoom**. The group is to read chapters 4-6.

### Attention All Lectors



If you are a reader for one of the lessons on Sunday mornings, you may encounter from time to time a difficult word to pronounce. A pronunciation guide for biblical words is available on the pulpit for you to check before the service. You may also ask the pastor for assistance.



**SOMETHING FOR ALL OF US TO THINK ABOUT.**



## Businesses We Use And Can Recommend

Kathy's Kreations 708-599-7457

Executive Green Carpet Cleaning 708-599-5151

Chicagoland Heating & Air Conditioning 708-425-0600

Bridgeview Roofing (Tom Metlow) 708-710-7663

K & O Decorating (inside and outside painting) (Ken Osborne) 708-598-3209

True Green Spraying Service (Lawn Weed Control) 888-571-3427

Ted's Plumbing & Sewer (Curt Kunz) 708-846-0525

Roy Sanchez Paving (Commercial Paving) 708-535-0877

Legacy Paving (Rigo Sanchez) (Residential) 708-596-2500

Cristina Lungu (Home Products) [www.amway.com/myshop/cristinalungu](http://www.amway.com/myshop/cristinalungu)

Alonso (Clean up & Lawn Care) 708-769-2931

Catering by Diane 708-361-3353 [www.cateringbydiane.net](http://www.cateringbydiane.net)

FLV Landscaping 708-986-8104

Smitty's Tree Service 708-954-1794

Flora Designs by Donna 708-586-2107

## **IRISH BLESSING**

May peace be within you,  
May your heart be strong,  
May you find what you're seeking  
Wherever you roam.



